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Changing Lives With Devotion

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## HANUMAAN CHALISA – ENGLISH LYRICS

Shri-Guru Charana Saroja-Raja,  
Nija-Mana-Mukura Sudhaara |  
Barannau Raghu-Bara Bimala Yasha,  
Jo Daayaka Phala-Chaara ||

Buddhi-Heena Tanu Jaanike,  
Sumirau Pavan Kumar |  
Bala Buddhi-Vidhyaa Dehu Mohi,  
Harahu Kalesha Vikaar ||

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Jay Hanumaan Gyaan Gunn Saagar |  
Jai Kapiis Tihu-Lok Ujaagar ||

Raama-Doot Atulit Bala-Dhaamaa |  
[Anjani-Putra](#) Pavan-Sut Naamaa ||

Mahaa-beer Bikrama Bajarangii |  
Kumati Nivaar Sumati Ke Sangii ||

Kanchan Barana Biraaj Subeshaa |  
Kaanana Kundala Kunchita Keshaa ||



Haath Bajra Au Dhvajaa Biraaje |

Kaandhe Muuj Janeuu Saaje ||

Shankar-Suvan Kesharii-Nandan |

Tej Prataap Mahaa Jag-Vandan ||

Vidyaavaan Gunnii Ati Chaatur |

Raam Kaaj Karibe Ko Aatur ||

Prabhu Charitra Sunibe Ko Rasiyaa |

Ram-lakhan Sita Man Basiyaa ||

Suukshma Rupadhari Siyahi Dikhaavaa |

Vikatt Ruup Dhari Lanka Jaraavaa ||

Bheem Rup Dhari Asur Sanhaare |

Raamachandra Ke Kaaj Samvaare ||

Laay Sajeevan Lakhan Jiyaaye |

Shree Raghubeer Harassi Ur Laaye ||

Raghupati Kiinhi Bahut Baddaaii |

Tum Mam Priya Bharatahisam Bhaaii ||

Sahas Badan Tumharo Yash Gaavai |

As Kahi Shriipati Kanntth Lagaavai ||

Sanakaadik Brahmaadi Muniishaa |

Naarad Shaarad Sahit Ahiishaa ||

Yam Kuber Digapaal Jahaate |

Kavi Kovid Kahi Sakai Kahaate ||

Tum Upakaar Sugriivahi Kiinhee |

Raam Milaay Raajapad Diinhee ||

Tumharo Mantra Vibhiissann Maanaa |



Lamkeshvar Bhave Sab Jag Jaanaa ||

Yuga Sahasra Yojana Para Bhaanuu |

Liilyo Taahi Madhura Phala Jaanuu ||

Prabhu Mudrikaa Meli Mukh Maahii |

Jaladhi Laandhi Gaye Acharajanaahii ||

Durgam Kaaja Jagat Ke Jete |

Sugam Anugrah Tumhare Tete ||

Raam Duaare Tum Rakhavaare |

Hot Na Aagyaa Bin Paisaare ||

Sab Sukha Lahai Tumhaarai Saranaa |

Tum Rakshak Kaahu Ko daranaa ||

Aapan Tej Samhaaro Aapai |

Tiino Lok Haakate Kaapai ||

Bhuut Pishacha Nikat Nahi Aavai |

Mahabiir Jab Naam Sunaavai ||

Naashau Rog Harai Sab Piiraa |

Japat Nirantar Hanumat Biiraa ||

Sankatt Se Hanumaan Chuddaavai |

Man Kram Bachan Dhyaan Jo Laavai ||

Sab Par Raam Tapasvii Raajaa |

Tinake Kaaj Sakal Tum Saajaa ||

Aur Manorath Jo Koi Laavai |

Soi Amit Jeevan Phal Paavai ||

Chaaro Yug Parataap Tumhaaraa |

Hai Parasiddh Jagat Ujiyaaraa ||



Saadhu Sant Ke Tum Rakhavaare |

Asur Nikandan Raam Dulaare ||

Ashttasiddhi Nava Nidhi Ke Daataa |

As Bar Deen Jaanakii Maataa ||

Raam Rasaayan Tumhare Paasaa |

Sadaa Raho Raghupati Ke Daasaa ||

Tumhare Bhajan Raamako Paavai |

Janma Janma Ke Dukh Bisaraavai ||

Anta Kaal Raghupati Pur Jaaii |

Jahaa Janma Hari-Bhakta Kahaaii ||

Aur Devataa Chitta Na Dharaii |

Hanumat Sei Sarva Sukh Karaii ||

Sankatta Harai Mittai Sab Piiraa |

Jo Sumirai Hanumat Bala Biiraa ||

Jai Jai Jai Hanumaan Gosaaii |

Krpaa Karahu Gurudev Kii Naaii ||

Joh Shat Baar Paattha Kar Joii |

Chhuttahi Bandi Mahaasukh Hoii ||

Jo Yah Paddhai Hanumaan Chalisa |

Hoy Siddhi Saakhii Gauriisaa ||

Tulasiidaas Sadaa Hari Cheraa |

Kijai Naatha Hriday Mah Deraa ||

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Pavanatanaya Sankatt Harana,

Mangal Murati Rup |



Ramlakhan Sita Sahit,  
Hriday Basahu Surabhuup ||

## HANUMAAN CHALISA – ENGLISH MEANING

With the dust of the lotus feet of sri gurudeva, I clean the mirror of my mind.

I narrate the sacred glory of Sri Raghubir (Sri Rama Chandra), who bestows the four fruits of life (Dharma, Artha, Kama and Moksha).

Considering myself as ignorant, I meditate on you, O Pavan Kumar (Hanumaan).  
Bestow on me strength, wisdom and knowledge, and remove my afflictions and blemishes.

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Victory to You, O Hanumaan, Who is the Ocean of Wisdom and Virtue,  
Victory to the Lord of the Monkeys, Who is the enlightener of the three worlds.

You are the Messenger of Sri Rama possessing Immeasurable Strength,  
You are Known as Anjani-Putra (son of Anjani) and Pavana-Suta (son of Pavana, the wind-god).

You are a Great Hero, extremely Valiant, and body as strong as Thunderbolt,  
You are the Dispeller of Evil Thoughts and Companion of Good Sense and Wisdom.

You possess a Golden Hue, and you are Neatly Dressed,  
You wear Ear-Rings and have beautiful Curly Hair.

You hold the Thunderbolt and the Flag in your Hands.  
You wear the Sacred Thread across your Shoulder.

You are the Incarnation of Lord Shiva and Son of Kesari,



You are Adored by the whole World on account of your Great Strength and Courage.

You are Learned, Virtuous and Extremely Intelligent,

You are always Eager to do the Works of Sri Rama.

You Delight in Listening to the Glories of Sri Rama,

You have Sri Rama, Sri Lakshmana and Devi Sita Dwelling in your Heart.

You Appeared before Devi Sita Assuming a Diminutive Form (in Lanka),

You Assumed an Awesome Form and Burnt Lanka.

You Assumed a Gigantic Form and Destroyed the Demons,

Thereby Accomplishing the Task of Sri Rama.

You Brought the Sanjivana herb and Revived Sri Lakshmana.

Because of this Sri Rama Embraced You overflowing with Joy.

Sri Rama Praised You Greatly,

And said: "You are as dear to me as my brother Bharata".

"The Thousand Headed Seshnag Sings Your Glory",

Said Sri Rama to You taking you in his Embrace.

Sanaka and other Sages, Lord Brahma and other Gods,

Narada, Devi Saraswati and Seshnag ...

Yama (god of death), Kubera (god of wealth), Digpaal (the guardian deities),

Poets and Scholars have not been able to Describe Your Glories in full.

You Rendered a great Help to **Sugriva**.

You Introduced him to Sri Rama and thereby Gave back his Kingdom.

Vibhisana Followed your Advice,

And the Whole World Knows that he became the King of Lanka.



The Sun which was at a distance of Sixteen Thousand Miles,  
You Swallowed It (the Sun) thinking it to be a Sweet Fruit.

Carrying Lord Sri Rama's Ring in your Mouth,  
You Crossed the Ocean, no Wonder in that.

All the Difficult Tasks in this World,  
Are Rendered Easy by your Grace.

You are the Gate-Keeper of Sri Rama's Kingdom.  
No one can Enter without Your Permission.

Those who take Refuge in You enjoy all Happiness.  
If You are the Protector, what is there to Fear?

You alone can Control Your Great Energy.  
When you Roar, the Three Worlds Tremble.

Ghosts and Evil Spirits will Not Come Near,  
When one Utters the Name of Mahavir (Hanumaan).

You Destroy Diseases and Remove all Pains,  
When one Utters your Name Continuously.

Hanumaan Frees one from Difficulties,  
When one Meditates on Him with Mind, Deed and Words.

Sri Rama is the King of the Tapaswis (devotees engaged in penances).  
And You (Hanumaan) Fulfill all Works of Sri Rama (as a caretaker).

Devotees who have any Other Desires,  
Will ultimately get the Highest Fruit of Life.

Your Glory prevails in all the Four Ages.



And your Fame Radiates throughout the World.

You are the Saviour of the Saints and Sages.

You Destroy the Demons, O Beloved of Sri Rama.

You can Give the Eight Siddhis (supernatural powers) and Nine Nidhis (types of devotions).

Mother Janaki (Devi Sita) gave this Boon to you.

You hold the Essence of Devotion to Sri Rama.

You Always Remain as the Servant of Raghupati (Sri Rama).

Through Devotion to You, one gets Sri Rama,

Thereby getting Free of the Sorrows of Life after Life.

At the End one Goes to the Abode of Raghupati (Sri Rama).

Where one is Known as the Devotee of Hari.

Even without Worshipping any Other Deities,

One Gets All Happiness who Worships Sri Hanumaan.

Difficulties Disappear and Sorrows are Removed,

For Those who Contemplate on the Powerful Sri Hanumaan.

Victory, Victory, Victory to You, O Hanuman,

Please Bestow your Grace as our Supreme Guru.

Those who Recite this Hanumaan Chalisa one hundred times (with devotion),

Will get Freed from Worldly Bondage and get Great Happiness.

Those who Read the Hanumaan Chalisa (with devotion),

Will become Perfect, Lord Shiva is the Witness.

Tulsidas who is Always the Servant of Hari.





Prays the Lord to Reside in his Heart.

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Sri Hanumaan, who is the Son of Pavana, who Removes Difficulties,  
Who has an Auspicious Form,  
With Sri Rama, Sri Lakshmana and Devi Sita,  
Please Dwell in my Heart.

